Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Saturday 13 May 2023 until 23:59 on Sunday 14 May 2023

Forecast Issued on Saturday 13 May 2023 at 00:20 by Met Office Aberdeen

Confidence: High becoming Medium in detail from Sunday.

Headline for Saturday 13 May 2023: Warm sunshine after some early mist and fog.

Mountain weather hazards on Saturday 13 May 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** No Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** High Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Sunny intervals	Sunny	Sunny	Sunny intervals	Sunny intervals	Cloudy
Precipitation probability					
00%	00%	00%	00%	00%	00%

Forecast for Saturday 13 May 2023

Weather: Any mist and fog will soon clear during the morning to leave a dry and mostly sunny day and becoming warm by the afternoon. The sunshine turning hazy as high cloud spills in from the west.

Chance of cloud-free hill tops above 800m: 90%

Low Cloud and visibility: Generally no significant cloud, but could be extensive at first low down near the coast. Visibility good, except in early mist and fog.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Saturday 13 May 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	15/18 S	16/20 SW	18/24 SW	21/27 SW	20/26 SW	21/27 S	27/33 S
900	9/13 S	11/15 SW	13/18 SW	16/22 SW	15/21 SW	15/20 S	18/24 S
600	8/10 SW	13/17 SW	16/22 SW	18/25 SW	18/23 SW	16/20 S	19/24 S
300	4/5 W	8/11 SW	11/16 SW	13/19 SW	9/15 SW	8/13 S	9/14 S
Glen	3/6 S	8/13 SW	11/18 SW	11/20 SW	7/15 SW	7/14 S	7/16 S

Height (m)	Temperature / Feels Like (°C)						
1300	5/1	5/0	6/2	6/2	6/2	6/1	5/-1
900	6/3	8/5	11/8	11/8	10/6	8/4	7/3
600	8/6	10/7	12/9	12/9	12/9	11/8	10/6
300	9/8	12/10	14/12	15/12	14/12	13/11	12/10
Glen	10/10	14/12	17/14	18/15	16/15	14/13	13/12
Freezing Level*	1600m	1700m	1700m	1700m	1800m	1900m	2000m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Warm sunshine will lead to a dehydration and sunburn risk.

Forecast for Sunday 14 May 2023
Weather: Mainly dry with the cloud gradually thickening and lowering overnight. Cloudy with outbreaks of rain during the morning, occasionally heavy. Becoming drier and brighter from the west during the afternoon, some sunny spells possible by evening.

Maximum wind: Southwest turning Northwest 20mph

Chance of cloud-free hill tops above 800m: 60% overnight lowering to 20% during the morning, rising to 80% by the end of the afternoon.

Low Cloud and visibility: Extensive around 600m during then morning, occasionally down to 300m, lifting and breaking near or above the summits during the afternoon. Visibility moderate or poor in rain and very poor at height, becoming very good through the afternoon as the cloud lifts and breaks.

Temperature: **Glens:** Plus 8 rising to 15 Celsius
At 800m: Plus 4 to 8 Celsius
Freezing level: Above the summits.

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